Make 2019 BETTER!

Start 2019 powerfully and build a foundation that will demonstrate your progress through

December 31, 2019. Make brief notes related to the following topics – professionally and/or personally.

In preparation, you may choose to conduct a speed pass through your 2018 calendar. Remember – you have all the responses available to you right now (they are yours – write them down).

2018 Reflections

**3 best decisions you made**

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
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**2 key things you resolved**

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
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**1 thing that didn’t turn out as well as you expected or hoped**

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**3 key things you accomplished**

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
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**2 most important things you learned**

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
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2019 Planning and performance

Track your responses to your 2019 Planning and Performance. At the end of each month score your progress with these ratings:

3 = Excellent – trending toward the best results you can demonstrate

2 = Solid – competent though not quite what you’re seeking to demonstrate

1 = Needs Improvement – any results that are not excellent or solid

**3 things you do well that you’ll continue to do and improve on**

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**1 thing you don’t do so well that you are committed to improving**

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**3 top opportunities and goals for 2019 (Things you will accomplish – no matter what!)**

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**2 key issues affecting the success of your opportunities and goals for 2019 (How will you mitigate, resolve or capitalize on these?)**

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**1 behavior you are going to do well in 2019 – consistently – to demonstrate to your valued relationships that they are valued by you**

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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